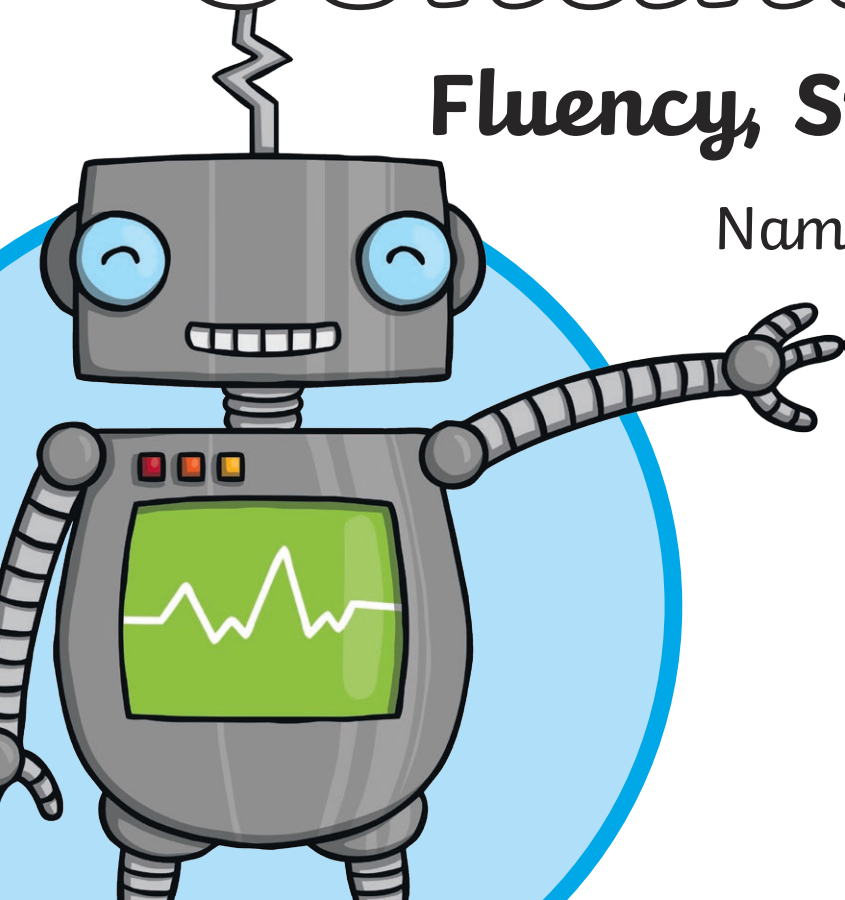
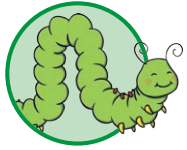


Continuous Cursive

Fluency, Style and Speed Practice

Name: _____





Fluency, Style and Speed Practice: The Letter 'a'

Can you continue these warm-up patterns?

Rams' Horns

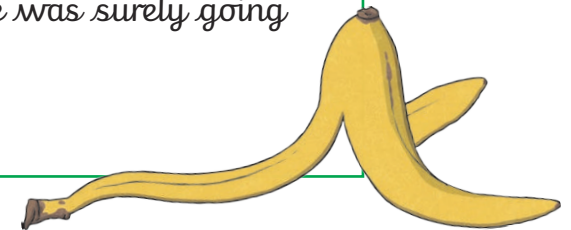


Trailing Leaves



Rewrite this passage, which contains several Y5/Y6 statutory spelling words, in your most fluent and speedy joined style:

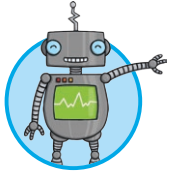
Amy would have always described herself as **mischievous** but this time it was quickly becoming **apparent** to her that she had gone too far. This time, she was finding it hard to live with her guilty **conscience**. When she had tinkered with the **equipment** before the school sports day **competition**, she didn't **bargain** on causing such chaos! Now there was a **queue** of angry children, parents and teachers wanting an **explanation** as to why there were banana skins on the running track, holes cut in the bottom of the sack race sacks and glue **attached** to the head teacher's chair. Amy hadn't meant to be a **nuisance** or to **embarrass** anyone, **especially** not her friends. But now the head teacher had pulled a **muscle** trying to get unstuck, she was surely going to have detention for years to come!





Fluency, Style and Speed Practice: The Letter 'a'

Handwriting practice area consisting of ten sets of horizontal lines. Each set includes a solid top line, a dashed middle line, and a solid bottom line, providing a guide for letter height and placement.



Fluency, Style and Speed Practice: The Letter 'b'

Can you continue these warm-up patterns?

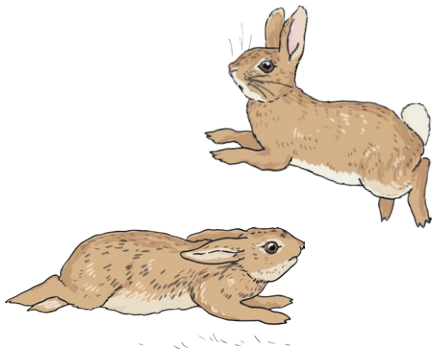
Periscopes



Chess Pawns



Can you copy out these tongue twisters in your fastest, most fluent joined writing?



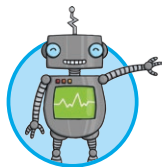
Baby bunnies
bounce
beautifully.



Beaming Bertha
blew blue
bubbles.

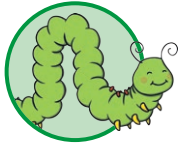


Baby Billy begged
for a banana from
his big brother,



Fluency, Style and Speed Practice: The Letter 'h'

Handwriting practice lines for the letter 'h'. The page contains ten sets of horizontal lines. Each set consists of a solid top line, a dashed middle line, and a solid bottom line, providing a guide for letter height and placement.



Fluency, Style and Speed Practice: The Letter 'c'

Can you continue these warm-up patterns?

Fancy Scrolls



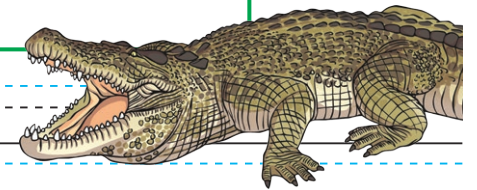
Bunny Ears



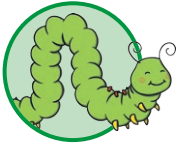
Can you copy out these jokes in your neatest, most fluent joined writing?

Why were the teacher's eyes crossed?
She couldn't control her pupils!

What is a crocodile's favourite card game?
Snap!



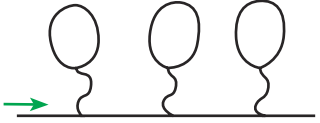
Handwriting practice lines consisting of a solid top line, a dashed middle line, and a solid bottom line, repeated across the page for copying the jokes.



Fluency, Style and Speed Practice: The Letter 'd'

Can you continue these warm-up patterns?

Floating Balloons



Mole Hills



Rewrite the nursery rhyme in your neatest, joined style.

Hush, little baby, don't say a word.
Daddy's gonna buy you a mockingbird.

And if that mockingbird won't sing,
Daddy's gonna buy you a diamond ring.

And if that diamond ring turns brass,
Daddy's gonna buy you a looking glass.

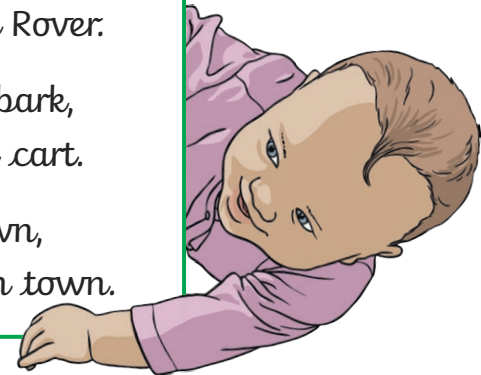
And if that looking glass gets broke,
Daddy's gonna buy you a billy goat.

And if that billy goat won't pull,
Daddy's gonna buy you a cart and bull.

And if that cart and bull turn over,
Daddy's gonna buy you a dog named Rover.

And if that dog named Rover won't bark,
Daddy's gonna buy you a horse and cart.

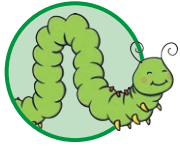
And if that horse and cart fall down,
You'll still be the sweetest little baby in town.





Fluency, Style and Speed Practice: The Letter 'c'

Handwriting practice lines for the cursive letter 'c'. The page contains ten sets of horizontal lines. Each set consists of a solid top line, a dashed middle line, and a solid bottom line, providing a guide for letter height and placement.



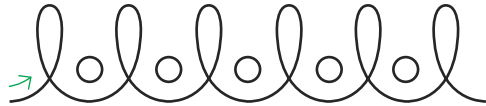
Fluency, Style and Speed Practice: The Letter 'e'

Can you continue these warm-up patterns?

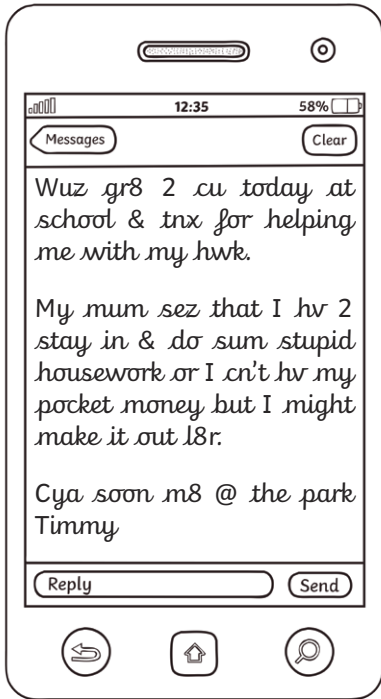
Lovely Loops



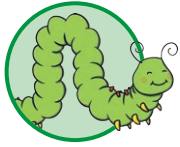
Doodles and Dots



Can you change Little Timmy's text message into a more formal passage of writing in your best joined style?



Handwriting practice lines for the text message. Each line consists of a solid top line, a dashed middle line, and a solid bottom line. There are 10 such lines provided for the student to write a formal version of the message.



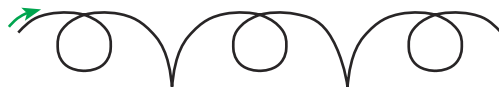
Fluency, Style and Speed Practice: The Letter 'f'

Can you continue these warm-up patterns?

Up & down Loops



Loops and Points



Can you copy out these tongue twisters in your fastest, most fluent joined writing?

Fifteen frantic fish fled from
the fabulous fisherman.

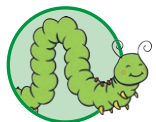


Four fancy French flamingos
frolicked freely.



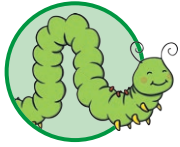
Foiled by the frustrated farmer,
the fierce and fiendish fox
fled across the fields.





Fluency, Style and Speed Practice: The Letter 'f'

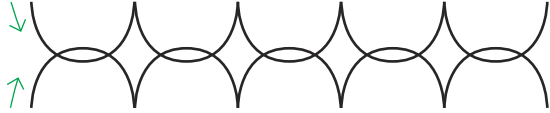
Handwriting practice area consisting of ten sets of horizontal lines. Each set includes a solid top line, a dashed middle line, and a solid bottom line, providing a guide for letter height and placement.



Fluency, Style and Speed Practice: The Letter 'g'

Can you continue these warm-up patterns?

Lumps and Bumps



Fish Hooks

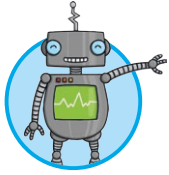


I am the ghost of Halloween,
 A gruesome, grizzly ghoul I've been,
 For one night a year I come out to play,
 To make scared children run away!



Rewrite this spooky poem in your most fluent and speedy joined style.
 Remember that you can join to a 'g' but you can't join on from it.

Handwriting practice lines consisting of a solid top line, a dashed middle line, and a solid bottom line, provided for rewriting the poem.



Fluency, Style and Speed Practice: The Letter 'h'

Can you continue these warm-up patterns?

Shark Fins

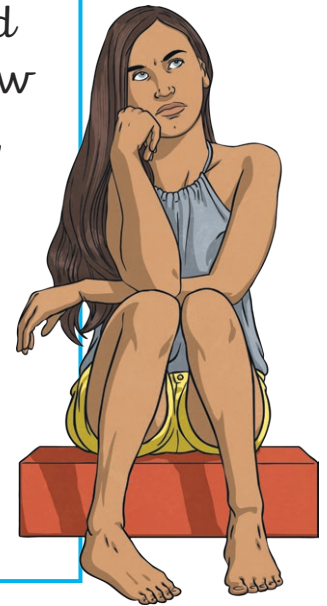


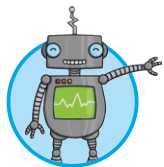
Pine Trees



Rewrite this passage, which contains several Y5/Y6 statutory spelling words, in your most fluent and speedy joined style:

My little sister Lily is an absolute pain! Her whole **existence** is based on the need to **harass** me and be a **hindrance** in my life. She gets away with everything! How would Mum like it if Lily were to always **interrupt** her favourite TV **programme**, pinch her last toast **soldier** when she was eating her breakfast, or deliberately repeat the same annoying nursery **rhyme** over and over again? Just last week, she kicked me so hard that I had a massive **bruise** on my leg and scribbled in a **dictionary** that I'd borrowed from school. But still she didn't get in trouble! I think I have **sufficient** grounds to leave home. I might even move in with our **neighbour** then I might get some **leisure** time without her annoying me. I'd only miss her a little bit!





Fluency, Style and Speed Practice: The Letter 'h'

Handwriting practice area consisting of multiple sets of horizontal lines. Each set includes a solid top line, a dashed middle line, and a solid bottom line, providing a guide for letter height and placement.



Fluency, Style and Speed Practice: The Letter 'i'

Can you continue these warm-up patterns?

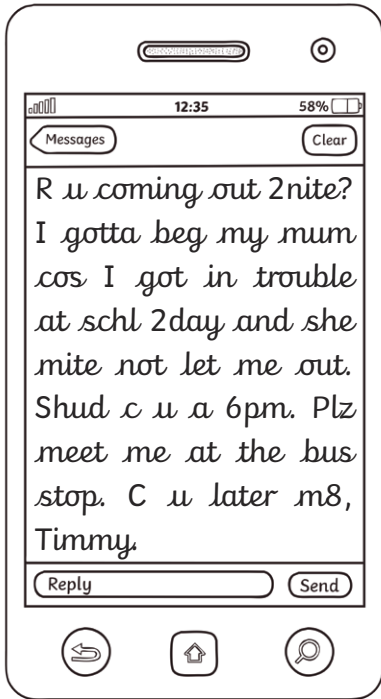
Caterpillar Humps



Dripping Icicles



Can you change Little Timmy's text message into a more formal passage of writing in your best joined style?



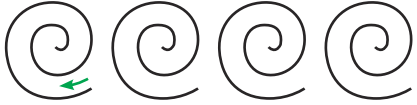
Handwriting practice lines consisting of a solid top line, a dashed middle line, and a solid bottom line. There are ten such sets of lines provided for writing the formal passage.



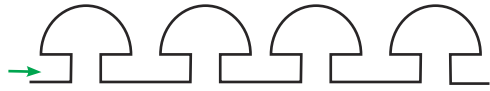
Fluency, Style and Speed Practice: The Letter 'j'

Can you continue these warm-up patterns?

Seaside Swirls



Sprouting Toadstools



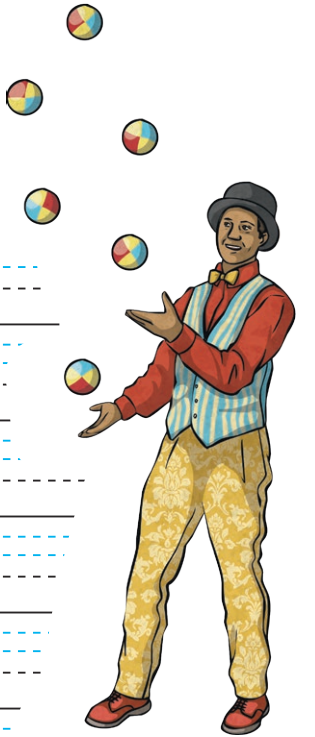
Can you copy out these tongue twisters in your fastest, most fluent joined writing?

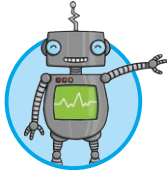
Jealous Jack jeered at the
jesting juggler.

Jolly jaguars jump
joyfully in the jungle.

The jagged jewel injured
the jumbled jeweller.

Handwriting practice lines consisting of a solid top line, a dashed middle line, and a solid bottom line. There are three sets of these lines, corresponding to the three tongue twisters.

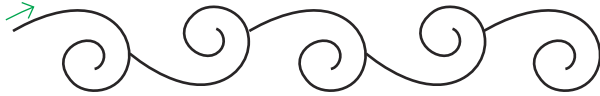




Fluency, Style and Speed Practice: The Letter 'k'

Can you continue these warm-up patterns?

Swirling Spirals



Puppy Paws



Carefully copy this classic poem in your neatest, joined style.

Two Little Kittens

Two little kittens, one stormy night,
Began to quarrel, and then to fight;
One had a mouse, the other had none,
And that's the way the quarrel begun.

"I'll have that mouse," said the biggest cat;
"You'll have that mouse? We'll see about that!"
"I will have that mouse," said the eldest son;
"You shan't have the mouse," said the little one.

I told you before 'twas a stormy night
When these two little kittens began to fight;
The old woman seized her sweeping broom,
And swept the two kittens right out of the room.





Fluency, Style and Speed Practice: The Letter 'k'

Handwriting practice area consisting of ten sets of horizontal lines. Each set includes a solid top line, a dashed middle line, and a solid bottom line, providing a guide for letter height and placement.



Fluency, Style and Speed Practice: The letter 'l'

Can you continue these warm-up patterns?

Castle Turrets



Mountains and Valleys



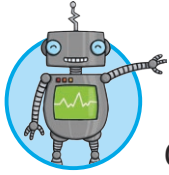
ice lollies
lime jelly
lettuce
lentils
lemon lollipops
chilli beans
a litre of whole milk
a large loaf
vanilla milkshake
muesli

Copy out this shopping list in your speediest, joined style:

Blank lined notebook page for copying the shopping list in speediest, joined style.

Copy out this shopping list in your neatest, joined style:

Blank lined notebook page for copying the shopping list in neatest, joined style.



Fluency, Style and Speed Practice: The Letter 'm'

Can you continue these warm-up patterns?

Curved Mounds



Tents in the Hills



Can you copy these riddles out in your most fluent, joined style and then write the 'm' words that answer them?

Riddle 1

If you drop me,
I'm sure to crack.
Give me a smile and...
I'll smile right back!

What am I?



Riddle 2

I'm something that is white.
In a bottle I am stored.
I'm something you can drink.
On cereal I am poured.

What am I?



Riddle 3

This used to be on paper.
Now you get it on your
phone.
It helps you to find a route.
So you don't get lost alone.

What am I?



Riddle 4

I am an object in the sky,
That seems to shine at night.
Some people think I'm made
of cheese.
I'm Earth's own satellite.

What am I?





Fluency, Style and Speed Practice: The Letter 'm'

Riddle 1

Answer: _____

Riddle 2

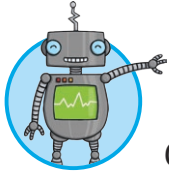
Answer: _____

Riddle 3

Answer: _____

Riddle 4

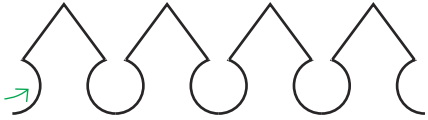
Answer: _____



Fluency, Style and Speed Practice: The Letter 'n'

Can you continue these warm-up patterns?

Pointed Crowns



Snail Shell Spirals



Copy out this shopping list in your speediest, joined style:

naan breads

nectarines

new potatoes

mayonnaise

tuna sandwich

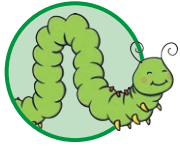
bunch of bananas

margarine

smooth orange juice

coconut milk

tangy nachos



Fluency, Style and Speed Practice: The Letter 'o'

Can you continue these warm-up patterns?

Acrobat Loops



Laugh out Loud



Can you copy out these jokes in your neatest, most fluent joined writing?

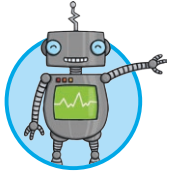
What do you call a peanut in a spacesuit?

An astronut!

Why did the golfer wear two pairs of trousers?

In case he got a hole in one.

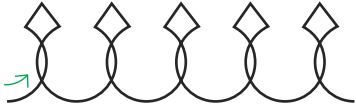
Handwriting practice lines consisting of a solid top line, a dashed middle line, and a solid bottom line. A cartoon golfer in a green shirt and blue trousers is shown in the middle of a golf swing on the right side of the page.



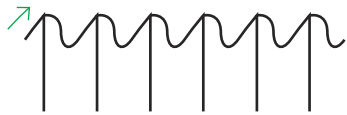
Fluency, Style and Speed Practice: The Letter 'p'

Can you continue these warm-up patterns?

Jewels in the Crown



Drop and Swoop



Can you copy out this classic poem in your neatest, joined style?



Keep a poem in your pocket
And a picture in your head
And you'll never feel lonely
At night when you're in bed.

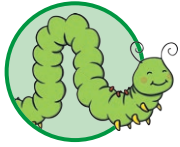
The little poem will sing to you
The little picture it brings to you
A dozen dreams to dance to you
At night when you're in bed.

by Beatrice Schenk de Regniers



Fluency, Style and Speed Practice: The Letter 'p'

Handwriting practice area consisting of ten sets of horizontal lines. Each set includes a solid top line, a dashed middle line, and a solid bottom line, providing a guide for letter height and placement.



Fluency, Style and Speed Practice: The Letter 'q'

Can you continue these warm-up patterns?

Continuous Circles



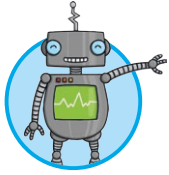
Peaks and Points



Copy out this craft shop shopping list
in your *speediest, joined style*:

squeezy glue
fabric squares
glitter
sequins
liquid cement
chunky yarn
quick-drying varnish
turquoise paint

Copy out this craft shop shopping list
in your *neatest, joined style*:



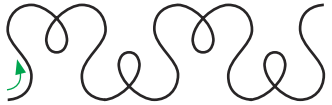
Fluency, Style and Speed Practice: The Letter 'r'

Can you continue these warm-up patterns?

Ears of Corn



Curling Squiggles



Can you copy these riddles out in your most fluent, joined style and then write the 'r' words that answer them?

Riddle 1

I am the colour of anger,
And many foods too,
If you see me at traffic
lights,
Stop is what you should do.
What am I?



Riddle 2

On your finger I can be,
All shiny and round,
Or sometimes I hide inside
a bell,
To make a very loud sound.
What am I?



Riddle 3

To draw a line so straight,
I'm a very useful tool,
Keep me in your pencil case,
Or in your drawer at school.
What am I?



Riddle 4

We live at home with Santa,
And work one night per year,
We help deliver presents,
And spread the Christmas
cheer.
What am I?





Fluency, Style and Speed Practice: The Letter 'r'

Riddle 1

Answer: _____

Riddle 2

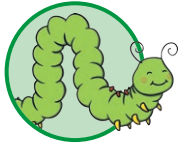
Answer: _____

Riddle 3

Answer: _____

Riddle 4

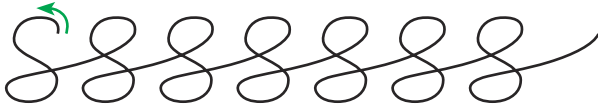
Answer: _____



Fluency, Style and Speed Practice: The Letter 's'

Can you continue these warm-up patterns?

Swirly Snakes



Giant Waves



Can you copy these riddles out in your most fluent, joined style and then write the 's' words that answer them?

I can be made of
ham, chicken or
cheese instead,
Just put your filling,
Between two
slices of bread.
What am I?



You see me every day,
I light up the outside,
But when it
turns to night,
That's when I
go and hide!
What am I?

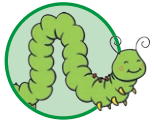


I am a white and
elegant bird,
You find swimming
on a pond,
I hold my neck up high,
As I gracefully
swim along.
What am I?



Frozen, icy and fluffy,
I fall down
from the sky,
You probably love to
play with me,
And watch balls of
me fly right by!
What am I?





Fluency, Style and Speed Practice: The Letter 's'

Four horizontal lines for writing practice.

Answer: _____

Four horizontal lines for writing practice.

Answer: _____

Four horizontal lines for writing practice.

Answer: _____

Four horizontal lines for writing practice.

Answer: _____



Fluency, Style and Speed Practice: The letter 't'

Can you continue these warm-up patterns?



Jagged Teeth



Lots of knots

Can you copy out these tongue twisters in your fastest, most fluent joined writing?
Use the lines on the next page.

The tiny teacher on tiptoes
tamed the terrible T-rex by
tickling its tummy.



Two terrifying tigers
took two taxis to town.



The ten toads
were totally tired.





Fluency, Style and Speed Practice: The letter 't'

Handwriting practice area consisting of multiple rows of horizontal lines. Each row is defined by a solid top line, a dashed middle line, and a solid bottom line, providing a guide for letter height and placement.



Fluency, Style and Speed Practice: The letter 'u'

Can you continue these warm-up patterns?

Curvy Crosses

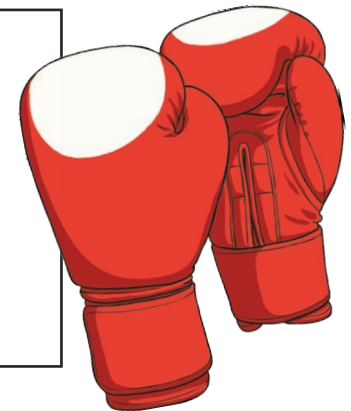


Crashing Waves



Can you copy out this dictation passage that uses many Y5/Y6 statutory spelling words in your neatest, joined style?
Use the lines on the next page.

Leon is an **amateur** boxer who is **desperate** to make it to the 2020 Olympic Games. With his **determined** attitude, he goes to the gym for a **thorough** training session every day. **According** to his trainers, he has the **physical** presence and **necessary** commitment to hopefully **achieve** his dream. Almost every **individual** in Leon's family supports his choice of **profession** except his Gran, who often tries to **persuade** him to give up boxing. She thinks the sport is too **aggressive** and **frequently** gets upset at his matches.





Fluency, Style and Speed Practice: The letter 'u'

Handwriting practice area consisting of multiple rows of horizontal lines. Each row is defined by a solid top line, a dashed middle line, and a solid bottom line, providing a guide for letter height and placement.



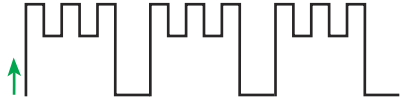
Fluency, Style and Speed Practice: The Letter 'v'

Can you continue these warm-up patterns?

Pointed Teeth



Standing Sandcastles



Can you copy these riddles out in your most fluent, joined style and then write the 'v' words that answer them?

If I start to rumble,
It's almost eruption o'clock!
Be sure to run for cover...
Or you'll be buried in
molten rock!
What am I?



I am a spooky character
with pointed teeth,
Pale skin and black cape,
If you see me at Halloween,
You must make a
speedy escape!
What am I?



I'm a very important person,
Who helps to keep
animals well,
I can fix a pussycat with a
thorn in its paw,
Or cure a sickly gazelle!
Who am I?



Use a knife to chop us up,
And put us in a stew,
We make your diet healthy,
On a patch is where
we grew!
What are we?





Fluency, Style and Speed Practice: The Letter 'n'

Four horizontal lines for writing practice.

Answer: _____

Four horizontal lines for writing practice.

Answer: _____

Four horizontal lines for writing practice.

Answer: _____

Four horizontal lines for writing practice.

Answer: _____



Fluency, Style and Speed Practice: The Letter 'w'

Can you continue these warm-up patterns?

Tall Peaks and Short Peaks



Heartbeats



Let's play Handwriting Fortunes! Write in your neatest, yet quickest, joined style.

List what you think are the top five animals beginning with 'w'.

List what you think are the top five occupations beginning with 'w'.

List what you think are the top five verbs beginning with 'w'.

Handwriting practice area for the first fortune. It contains five sets of horizontal lines: a solid top line, a dashed middle line, and a solid bottom line.

Handwriting practice area for the second fortune. It contains five sets of horizontal lines: a solid top line, a dashed middle line, and a solid bottom line.

Handwriting practice area for the third fortune. It contains five sets of horizontal lines: a solid top line, a dashed middle line, and a solid bottom line.



Fluency, Style and Speed Practice: The Letter 'x'

Can you continue these warm-up patterns?

Wishbones



Criss Crosses



Can you copy out this handwriting poem in your neatest, joined style?

The Fox and The Mosquitoes

Being plagued with mosquitoes one day,

Said old fox, "pray don't send them
away,

For a hungrier swarm

Would do me more harm,

I had rather the full ones should stay."

by Walter Crane

Handwriting practice lines consisting of a solid top line, a dashed middle line, and a solid bottom line. There are ten sets of these lines for copying the poem.





Fluency, Style and Speed Practice: The Letter 'y'

Can you continue these warm-up patterns?

Bunches of Cherries



Rollercoasters



Rewrite this passage, which contains several Y5/Y6 statutory spelling words, in your most fluent and speedy joined style:

As a cold wind swept over the eerie **cemetery** and **ancient** gravestones, Ben looked over his **shoulder** in fear. Was he in any **immediate** danger? The **temperature** seemed to suddenly drop along with Ben's **stomach**. The **rhythm** of his heart quickened and began to **interfere** with his breathing. He was suddenly very **conscious** that he was alone, still at least a mile from home and that he wasn't **equipped** to fight a ghost or ghoul on his own. His friends would always **exaggerate** their stories about the sinister graveyard. Now tonight, Ben's **curiosity** had got the better of him and he'd risk taking the shortcut straight through. Right now though, he **sincerely** wished he hadn't!





Fluency, Style and Speed Practice: The Letter 'y'

Handwriting practice area consisting of multiple rows of horizontal lines. Each row is defined by a solid top line, a dashed middle line, and a solid bottom line, providing a guide for letter height and placement.



Fluency, Style and Speed Practice: The Letter 'z'

Can you continue these warm-up patterns?

Shadow Puppets



Slanted Turrets



Rewrite this passage, which contains several Y5/Y6 statutory spelling words, in your most fluent and speedy joined style:

I would definitely **recommend** the new French **restaurant** in town and it was a great **privilege** to go there last night to celebrate my birthday. We were very lucky that they could **accommodate** us as they were very busy, and we were given the last **available** table. We soon realised that the menu was written in a different **language** but luckily the waiter helped us with the tricky **pronunciation** of the French dishes. I ordered a bowl of **vegetable** stew which I could not **criticise** in anyway - it was far from **average** (in fact I would have described it as delicious)! If you are a fan of French food, I would visit at your earliest **convenience**. The staff there really appreciate your custom and I am **definite** that you won't be disappointed!





Fluency, Style and Speed Practice: The Letter 'z'

Handwriting practice area consisting of ten sets of horizontal lines. Each set includes a solid top line, a dashed middle line, and a solid bottom line, providing a guide for letter height and placement.